LONG POND NL (Heli) CCX2

REF	N47 30 59 W52 58 52 Adj 17°W (2024) UTC-31/2(21/2) Elev 42´ A5012 CAP
OPR	Cougar Helicopters Inc 709-758-4810 Reg PPR
FLT PLN	
FIC	London 866-WXBRIEF (Toll free within Canada) or 866-541-4104 (Toll free within Canada & USA)
ACC	(IFR only) Gander 709-651-5225 or 888-751-5225.
WX	709-834-0016 METAR 08-22Z‡ (CWWU) TAF 08-22Z‡ (CWWU)
HELI DATA	FATO/TLOF 103' x 103' ASPH/GRVL Safety Area 123' x 123'
RCR	Opr
LIGHTING	RY(LO) ARCAL-122.8 type K
COMM	
ATF	tfc 123.2 5NM 3000 ASL
NAV	
VOR/DME	TORBAY YYT 113.5 Ch 82 N47 29 07 W52 51 08 (839´)
PRO	Arr/dep 283° to 048° fr heli, slope 8% (H3) day/night use.

